

# What age can I bring my child to the theatre?

## Theatr lolo's guide to Age Guidance and Restrictions

As a company who make theatre especially for those aged 0-16, we believe children can enjoy their first live theatre experience from as young as 6 months old.

Read our handy guide for more information on how to make a decision about what Theatr lolo show to bring your little (or big!) ones to next...

### Age Guidance

Most of our performances come with an **Age Guidance**. This is here to tell you that we've created the show with this particular age group in mind, and we believe that children of that age will get the most out of the performance.

However, we recognise that you may wish to bring children of a different age; perhaps because you have a baby you are breast/chest feeding or an older child who has a disability or developmental delay. We trust you as parents or carers to make a decision that is right for your family, but we're here to help if you need more information about the performance.

If you are thinking about bringing children younger than the age guidance, we kindly ask you to consider whether your children will enjoy the performance or whether they might become restless. Younger children require different types of stimulation and sometimes a child who isn't enjoying the show can be chatty, wriggly and occasionally upset, making it hard to you and other families to enjoy the performance. If you think your child may be too young to enjoy the show, we recommend leaving them with a friend or family member whilst you come to the performance with your older child/children.

### Age Restriction

Occasionally, our productions will come with an **Age Restriction**. This means that we strongly recommend you do not bring children above or below a certain age.

For example, some of our shows are made specifically made for babies and toddlers aged 6-18 months. Very young babies are too little to enjoy the performances, whilst older children can distract the babies. For this reason, and so that everyone can fully enjoy the performances, we place an age restriction on these performances. Likewise, there may be circumstances where we need to put an age restriction on a production that contains themes or content that is unsuitable for a younger audience.

Although our **Age Restrictions** are stronger advice, we still remain open to discussing your specific circumstances. For example, a 3-year-old with a developmental delay may enjoy a show typically aimed at younger children, whilst a mature 11-year-old may be okay to watch something created for older children. We are happy to talk you through the content of any of our productions so you can make an informed decision that is right for your family.

If you have any questions or would like to discuss our guidance in more detail, please get in touch by emailing [admin@theatriolo.com](mailto:admin@theatriolo.com)